

Threading

String, wool or thread
Beads or Pasta

Try and thread either beads or pasta onto string one at a time.

How long can you make it?



Energy Slime

Ingredients:

Cornflour

A bowl

Water

A spoon

Food colouring (optional)

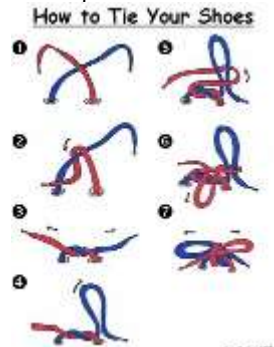
Put a few good spoonfuls of cornflour in a mixing bowl. Mix in enough water to make a thick liquid. Go slow, if you add too much then just add more cornflour. Add a few drops of food colouring.



Tie your shoelaces.

Shoelaces or pieces of string.

Practise how to tie your own shoes.



How quickly can you button and zip up your jacket or coat?

Is there a quicker way you can do it?



Eastertoun Primary School & ELC
Fine Motor Skills

Plant a seed

You will need:

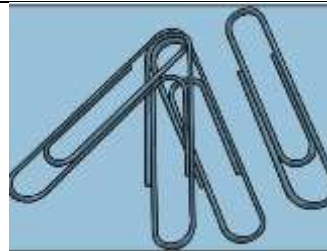
A plant pot (with holes); A dish; Pebbles; Soil ; Sunflower seeds ;Water



1. Place the pot in the dish and add a few pebbles to cover the holes. These will stop the soil from falling out.
2. Fill your pot with soil, make a hole in it with your finger. Drop in a seed and then cover.
3. Water the seed and then place the pot somewhere sunny.
4. Check your seedling every day.



Scrunch and make as many paper balls as you can.



How many paperclips can you join together?

Silky Dough

You need:

8 parts flour

1 part baby oil



Method:

1. Mix together, it will be soft but holds together like wet sand.
2. Add a splash of food colouring.
3. Use different scents of baby oil, appropriate to colour.