

# Sustainable Home Learning and Play

These activities are designed for going to a safe outdoors space such as a garden or local park. If this is not possible every activity has an indoors adaptation below. For more ideas and video demonstrations join our Facebook group [www.facebook.com/groups/2947052738685771/](http://www.facebook.com/groups/2947052738685771/)

Early Years

Week 3  
Easter & New  
Life



## Active Bunny Trail

Create an exercise trail left by the Easter Bunny leading to the secret egg stash! Check out this resource for some active ideas to do en route in order to earn the tasty treats!

<https://www.ltl.org.uk/resources/ready-teddy-go/>

## Easter Egg Shape Hunt

Create funky textured Easter eggs using household recycling and hide them indoors or out for a chocolate-free hunt. The finished eggs would make lovely window dressings after the hunt too.

<https://www.ltl.org.uk/resources/crafty-easter-egg-hunt/>

## Nesting Season

Now our feathered friends are building nests to lay their eggs and raise their young in. How good are you at building one using loose materials indoors or out? Remember birds don't have hands – can you build a nest using tweezers!? <https://www.ltl.org.uk/resources/nest-building/>

## Leaf Bashing Art

Find some leaves or petals, pieces of cotton or linen sheet and a rolling pin or mallet. Create a pattern with the leaves on one sheet and cover with another. Pound it to release the natural pigments into the cloth to fab effect! <https://www.ltl.org.uk/resources/japanese-art-of-hapa-zome/>

## Springtime Saunter

Shake off the winter blues and get out and look for the tell-tale signs of the world coming back to life. Can't get out then what can you sense from your window? Can you hear birds singing, see blossom or smell April showers? <https://www.ltl.org.uk/resources/spring-time-saunter/>

For more resources visit [www.ltl.org.uk/free-resources](http://www.ltl.org.uk/free-resources)

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Lower  
Primary

Week 3  
Easter & New  
Life



## Camouflage Caterpillars

Consider, a single blue tit chick can eat 100 caterpillars per day! Hide some woollen caterpillars around your house or garden and how many can your little birdies forage. Are they as good as real blue tits?

<https://www.ltl.org.uk/resources/camouflage-caterpillars/>

## Life Cycle Role Plays

Spring is the time of new life emerging – think frogs, baby birds, butterflies etc. Can you mime the story of your chosen animal's life cycle? How about filming it and putting it to music? Perhaps a few costume changes too 😊

<https://www.ltl.org.uk/resources/life-cycle-role-plays/>

## Kitchen Scraps Gardening

Wish you hadn't run out of celery? Missing a side salad? Need another clove of garlic for that pasta sauce? Have a go at re-growing these veggies and more from the scraps you usually discard.

<https://www.ltl.org.uk/resources/kitchen-scrap-gardening/>

## Egg Heads

Give an empty eggshell a new lease of life with a cress or grass hairdo. Don't stop at one egg head, you could have a family, a menagerie of cress-topped animals or even a boy band!

<https://www.ltl.org.uk/resources/eggy-cress-heads/>

## Mindful Leaf Bashing

Find some leaves or petals, pieces of cotton or linen sheet and a rolling pin or mallet. Create a pattern with the leaves on one sheet and cover with another. Pound it to release the natural pigments into the cloth to fab effect!

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Upper  
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## Clocks Spring Forward Time!

There are many desk-based ways to learn to tell the time but how about making a large-scale human clock? Who's going to be the big hand and the little hand?

Tell us the time and share your clocks!  
<https://www.ltl.org.uk/resources/chalk-clock-faces/>

## Time for a Little 'Poetree'

If you have access to a local tree, study it with all your senses to inspire a creative poem. No trees available; then use other natural features such as clouds, wind or rain, or a view of a nearby physical landscape.

<https://www.ltl.org.uk/resources/poetree/>

## Launch an Egg!

Are you a hot shot with a sling shot? Create a catapult indoors or out with household items and see how far you can make a cream filled chocolate egg travel. Up the ante with chutes, mazes, ramps etc for a total 'eggstravaganza!' <https://www.ltl.org.uk/resources/hot-shots-with-slingshots/>

## Plant Growth Time Lapse

Appreciate the wonder of new life through technology using a time-lapse app to capture the growth of a plant. If you're indoors with no seedlings to hand, cloudy skies work well too. Or what about a biodegrading banana skin? <https://www.ltl.org.uk/resources/time-lapse-photos/>

## Egg Stash Due South!

This Easter Bunny wants you to learn about compass points and angles as you seek out the hidden eggs! Create a series of directions to find eggs using paces in a compass direction or a simple angle for each leg of the hunt. <https://www.ltl.org.uk/resources/compass-treasure-hunt/>

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