



Positive Relationships at Eastertoun Primary



Our Vision

#EveryoneTogetherAtEastertoun

Our vision is to promote a whole-school community ethos to ensure that all learners are given the opportunity to learn, achieve, develop and flourish in a safe and nurturing environment.

Our Aims

Our aims are shared through our School Charter

Safe, Ready and Respectful

We want the learners at Eastertoun to be:

Safe

-Feel safe, secure, valued and nurtured

Ready

-Be ready to learn

-Be curious and open to agile learning opportunities in school, outdoors and beyond school

-Develop a variety of skills to meet the demands of learning, life and work

Respectful

-Show respect and care for themselves, others and the environment

Our Visible Consistencies

Wonderful Walking

Morning Routines

Using the language of our values and charter

Our Values

Kindness



Cleo

Resilience



Tobie

Teamwork



Rhea

Focus



Bill

Our agreed forms of recognition

Recognition boards House points Value certificates

'Ask me what I did today' stickers Nibble and Natter

Wider achievement wall

Our agreed steps to repair

Universal Approach

A private charter reminder: Safe, Ready, Respectful

A private verbal warning

A private conversation with 'take up' time

Targeted Approach – 4 Rs

Regulate

Time to regulate, in or out of own learning space, to help children gain control over their emotions.

Relate

Use our positive relationships to help learners feel safe and connected. Use the power of 'noticing' and naming children's emotions to validate their feelings but not the behaviour.

Restore and Repair

'Think together' to find a way to repair harm caused and restore damaged relationships using restorative language and nurturing approaches. Use these questions: What happened (including thoughts and feelings)? How have others been affected? What needs to happen now to fix things? How can the adults help them repair the situation? Action the consequences of the behaviour, which may include restorative conversations with peers, staff, SLT, informing parents, apologies using words or actions, tidying areas. payback of learning time etc

#Everyone Together at Eastertoun

As a Rights Respecting School, we believe that every member of the Eastertoun Primary School community has the right to a positive environment where they can feel safe and are ready to learn. Positive relationships develop when learners fully engage with the learning and teaching in their environment and interact with their peers and staff in a respectful manner.

Positive relationships are reinforced through our school values of kindness, resilience, teamwork and focus, which are taught through our Value Bears: Cleo, Tobie, Rhea and Bill. All staff will build positive relationships with our learners, their families and the wider Eastertoun community and role model our school values.

Relationships are at the heart of all we do at Eastertoun as we support our learners to build and repair relationships by raising behavioural awareness and by adopting a solution orientated approach, developing the 4 capacities. We use kindness and positive language to reinforce self-esteem in all our learners and deal with difficulties which may arise.

The role of the school

- Build positive and trusting relationships with learners, families and staff
- Value every learner, ensuring dignity, equity and inclusion for all
- Be positive role models
- Be consistent and calm with approaches
- Be fair and equitable
- Raise the profile of our charter, values and The United Nations Rights of the child
- Take immediate action to support learners and involve learners and parents
- Value attainment and Achievement
- Provide and complete CLPL to effectively implement the principles of UNCRC and equalities
- Ensure that Trauma Informed Practice is reflected in our daily routines and procedures

The role of the learners

- **Make choices that keep me and others safe**
- Be ready to learn
- Be respectful to peers, staff, equipment and the environment
- Follow instructions sensibly and responsibly
- Be a role model by living our shared values of kindness, teamwork, focus and resilience
- Recognise how our behaviour, language and tone impact on others
- Take part in the school's positive relationships systems
- Take responsibility for my actions
- Payback time

The role of the parents/carers and wider community

- Support your child to be ready to learn; regular attendance, school on time, school uniform, equipment, offer home learning
- Take an interest in school life and your child's progress, successes and achievements
- Be a positive role model
- Be respectful to other parents/ carers, other pupils and all school staff
- Be fair and equitable
- Follow the appropriate methods of communication to contact the school to speak to staff or make an appointment: phone on 01506 282 470 or email the school wleastertoun-ps@westlothian.org.uk
- Work with the school to restore and repair relationships

A Rights Respecting School



The UNCRC Rights of the Child are at the heart of our school, class, lunch hall and playground charters. Through our school ethos, curriculum and the life and work of our school we are aware of all Rights of the Child however, there are 6 rights which are embedded into our school charter of Safe, Ready and Respectful. We have a Rights Respecting Crew, Eastertoun Experts group which is made up of our P4-P7 Pupils. We achieved our Gold Rights Respecting Schools accreditation in December 2025 and will continue to ensure that children's rights are embedded throughout all aspects of school life.

Safe



19 I have the right to be protected from being hurt or badly treated



27 I have the right to have a proper house, food and clothing

Ready



24 I have the right to good quality health care, to clean water and good food



28 I have the right to an education

Respectful



12 I have the right to be listened to, and taken seriously



29 I have the right to an education which develops my personality, respect for others' rights and the environment

Anti-Bullying at Eastertoun

“Bullying is face to face and/or online behaviour which impacts on a person’s sense of physical and emotional safety, their capacity to feel in control of their life and their ability to respond effectively to the situation they are in. The behaviour does not need to be repeated, or intended to cause harm, for it to have an impact. Bullying behaviour can be physical, emotional or verbal and can cause people to feel hurt, threatened, frightened and left out.”

– [Respect for All: The National Approach to Anti Bullying for Scotland’s Children and Young People](#)

Our Charter of Safe, Ready and Respectful, our values of Kindness, Resilience, Focus and Teamwork and our commitment to the UNCRC Rights of the Child ensure that incidents of bullying are kept to a minimum.

At Eastertoun Primary School, if any child alleges that they have been bullied, we will take a number of steps to ensure that this allegation is taken seriously. Any allegation of bullying will be investigated fully. Any founded bullying claims will be logged on SEEMIS. Communication with our parents/carers is key to ensuring that there is a positive way forward and that children are supported through the process.

We promote anti-bullying and celebrate diversity and differences through our RSHP programme, Jigsaw and themed days and weeks throughout the school year. These actions help to develop tolerance and understanding of all our learners’ unique personalities and needs.

In our most recent Ethos Surveys (April 2026), 82% of P5-P7 learners and 90% of our P1-P7 parents felt that bullying was dealt with effectively in our school. Our aim is to stand up to bullying and for all learners and their families to feel that we deal with any bullying incidents effectively.

The role of the school

- Take all allegations of bullying seriously
- Investigate incidents fully
- Work with pupils and parents/ carers to resolve incidents of bullying
- Support all pupils impacted
- Promote Anti-bullying
- Promote diversity and differences
- Record incidents of bullying

The role of the learners

- Follow our school charter and values
- Tell a trusted adult if you feel you, or anyone else is being bullied
- Take part in restorative conversations to resolve issues
- Celebrate everyone’s differences

The role of the parents/carers

- Inform the school if you have concerns about your child being bullied or bullying others by **phoning on 01506 282 470 or emailing the school wleastertoun-ps@westlothian.org.uk**
- Work with the school to resolve incidents of bullying
- Promote Anti-bullying
- Promote diversity and differences